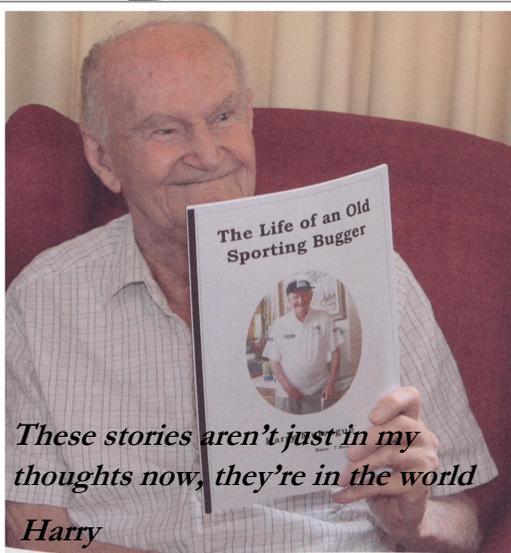


I love the biography, I like to read it because it reminds me of myself

Audrey



These stories aren't just in my thoughts now, they're in the world

Harry

beyond words}

An initiative of The Biography Program

A not-for-profit organisation

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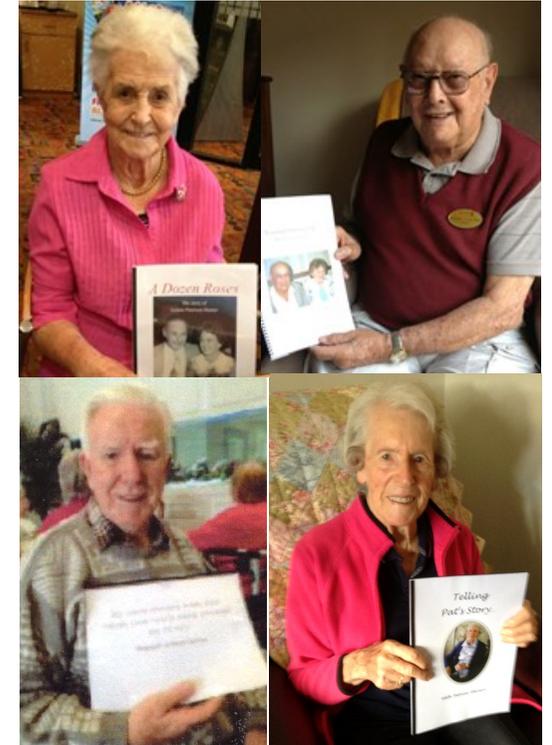
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Why tell your story?

- To provide a history of your life
- To detail specific events that are meaningful to you
- To pass on information that would otherwise be lost
- To offer a tribute to those you love
- To focus on a pleasurable and productive activity
- To reflect on what life means to you
- To give your family one of the most valuable gifts of all . . . your memories

What about confidentiality?

The service is confidential between you and your biographer

The biography becomes your property to do with as you wish

You may keep it for yourself alone or share it with family and friends

The Biography Process

How are the stories told?

In your own words

What is in them?

That's entirely up to you

It's whatever you want to say

How are they recorded?

On an audio recorder with the help of a volunteer

This is then typed and lightly edited

Photos and documents can be included

How are they presented?

The finished biography is presented in bound form and an electronic copy is also provided

How long does it have to be?

Just as long as you wish



Gwenyth Remembers

"Being guided to think back over the time, one thing lead to another and I kept remembering all these moments, I'd forgotten had ever happened.

I was so happy with the chance to share my story, and to give my kids a gift. They all wanted copies."